

Amendments to the Claims:

The following listing of claims will replace all prior versions, and listings, of claims in the application:

1. (Currently Amended) A health food product comprising cholic acid at a daily dose of ~~10~~1 to 1,000 mg and at least one member selected from the group consisting of isoflavones and isoflavone glycosides at a daily does of ~~10~~1 to 500 mg.

2. (Canceled)

3. (Previously Presented) The health food product of claim 1, wherein the isoflavones are soybean isoflavones and the isoflavone glycosides are soybean isoflavone glycosides.

4. (Previously Presented) The health food product according to claim 1 further comprising a vitamin.

5. (Canceled)

6. (Previously Presented) The health food product according to claim 1 further comprising at least one member selected from the group consisting of Ginseng (*Panax Ginseng* or *Ginseng Radix*; *Panax ginseng* C.A. Mey.), *Codonopsis Radix* (*Codonopsis pilosula* (Franch.)Nannf.), *Pseudostellariae Radix* (*Pseudostellaria heterophylla* (Mig.) Pax ex Pax et Hoffm.), American Ginseng (*Panax quinque folium* L.), *Astragali Radix* (*Astragalus membranaceus* Bge.), *Atractylodis Rhizoma* (*Atractylodes macrocephala* Koidz. (*A. ovata* A.P.DC.)), *Dioscoreae Rhizoma* (*Dioscorea batatas* Decne.), Glycyrrhia (*Glycyrrhizae Radix*; *Glycyrrhiiza uralensis* Fisch.)), Jujube Fruit (*Zizyphi Fructus*, *Zizyphus vulgaris*; *Zizyphus jujuba* Mill.), *Dulcium* (malt sugar derived from *Oryza* seed; *Saccharum granorum*), *Polygonati Rhizoma* (*Polygonatum sibiricum* Red.), and *Codonopsis lanceolata* Benth. et Hock. fil.

7. (Withdrawn) The health food product according to claim 1 further comprising at least one member selected from the group consisting of *Crataegi Fructus* (*Crataegus*

pinnatifida Bge. rar. major N.E.Br., *Crataegus pinnatifida* Bge., and *Crataegus cuneata* Sieb. et Zucc.), *Massa Medicata Fermentat*, *Raphani Semen* (*Raphanus sativus* L.), *Fructus Hordei Germinatus* (*Hordeum vulgare* Linné), *Fructus Oryzae Germinatus* (*Oryza sativa* L.), *Galli Stomachichum Corium* (*Gallus gallus domesticus* Brisson), and *Asa Foetida* (*Ferula assafoetida* Regel).

8. (Previously Presented) The health food product according to claim 3 further comprising a vitamin.